

# OPPORTUNITY BOOKLET 2023



**COLLEGIATE WESLEY**  
Fall 2023

# Table of Contents

Worship .....	3
Children .....	4
Youth .....	5
Education Cluster .....	6
Families .....	7
Adult .....	8
Small Groups .....	10
Music .....	14
Care .....	15
Sending to Serve .....	16
Reaching and Receiving .....	18
Wesley .....	19
Hospitality .....	19

# Worship

## Worship 10:00 am

### Coming up in Worship : Methodist Mosaic

We hope you can join us for worship this Fall in person or on Livestream at 10:00 am or online anytime!

- September 10th Rally Sunday and Prevenient Grace, Communion
- September 17th Methodist Missionary Katherine Parker
- September 24th Justifying Grace
- October 1 Sanctifying Grace, Communion
- October 8 - October 29th Wesleyan Quadrilateral
- November 5 - November 19 Wesley and Communion, Wesley and Baptism, Wesley and the Social Principles
- November 26 - December 24 Advent

### Livestreamed Services

Helpful links for watching our worship services:

For our livestreamed worship, you can "tune in" on our Facebook page at 10:00 am to watch live.

You can also view the service on our Youtube channel or Digital Worship Page at [cwames.org](http://cwames.org)

Whichever way you worship, we would love for you to fill out the check-in form on our website so we can do our best to stay connected. You can also share your prayer requests and give at the same link. <https://cwames.org/worship/digital/>

# Children

## Sunday School

Sunday School will kick off on Sunday, September 10th. With classes officially starting for Preschool-5th grade on September 17th. We offer classes for preschool students along with rotation classes for Kindergarteners- 5th grade.



## 3rd/4th Grade Bibles

This October we will be presenting our 3rd and 4th graders with their elementary aged bible. We'll then have a monthly bible class introducing our students on where to find things in the bible, how to read their bibles, the maps and glossary included and so much more.



## Music

Preschool-5th graders are invited to participate in music fun on Sundays at 8:45 am in room 202. Music will kick off our Sunday School mornings. Children will also be invited to sing the songs they are learning in music during worship once a month.



# Youth

## Sunday School

Starting Sunday September 10 from 8:45-9:45 am we will have Sunday School for High school in the youth room and Middle school in room 200

## Youth Group

Middle School: Wednesdays 6:00-7:00 pm  
High School: Wednesdays 7:00-8:00 pm  
High School girls small group 8:00-9:00 pm

All Youth Groups will meet in the Youth room on the top floor of the building. Youth are welcome to come any Wednesday that works for them. Come for a time of service, community, snacks, conversation and games!

## Confirmation

Confirmation will start in September for anyone in 7th or 8th grade who would like to participate in this years session.. Confirmation is an exciting time in the life of a young person. It's an opportunity for them to learn more about their faith, the United Methodist Church and Christianity. At the end of the year students will decide if they are ready and want to join the church as a member. We'll be holding class once a month on Sunday mornings along with several longer sessions sprinkled throughout the year, on Sunday afternoons. If you have any questions or want to learn more please contact Lauren Loonsfoot [lauren@cwames.org](mailto:lauren@cwames.org)



# Education Cluster

## **Volunteers Needed:**

We are in need of substitute youth and children Sunday School volunteers to assist when a lead teacher is unavailable. All materials will be provided with little pre-planning needed at all. Come hang out with some of the coolest kids in Ames!

Email [lauren@cwames.org](mailto:lauren@cwames.org) for more details

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*Walking alongside one another as we Grow in Faith*

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## **Small Group Leaders**

We hope that at Collegiate Wesley all are able to find a small group that they can connect with From Sunday School classes, to music groups to book groups we have many opportunities for grow in faith connections. Do you have a small group idea that you'd like to start at CW that helps others grow in faith? Email Lauren Loonsfoot [lauren@cwames.org](mailto:lauren@cwames.org) to get started!

## **Christmas Program**

If you are interested in assisting with Children and Youth programming but aren't quite able to make a weekly commitment, we are looking for short term volunteers to help with this seasons Christmas Program.

Email Lauren Loonsfoot [lauren@cwames.org](mailto:lauren@cwames.org) to learn more!

# Families

## Monthly Gatherings

This Fall we have some fun activities planned for the family! We hope you can join us at all or any of these events. Have an idea that you want to plan for a families group gathering? Email Lauren Loonsfoot [lauren@cwames.org](mailto:lauren@cwames.org).

### September 23rd

9:00 am Miracle Playground! Bring a cup of coffee, chat with other parents while the kids play!

### October 21st

9:00 am Wesley Hall

Fall Fun! Pumpkin Painting, crafts and snacks.



### November 15th

Friendsgiving Pot-luck Wednesday, November 15th, 5:30 pm Wesley Hall. Bring a dish to share.

### December 1st

Christmas Movie, Popcorn and Pizza! 6:00 pm Location TBD

### December 3rd

Advent Workshop

Stay Tuned for details!



# Adult Sunday School

## **Builder' Class**

Has something caught your eye in the news? Have you heard a story on NPR that you would like to discuss? If so, Builders Adult Sunday School Class is for you. Bring a cup of coffee and come join us as we dive into social or current issues and discuss what change we might effect individually or collectively. Each week we share celebrations and concerns, do a fun ice-breaker, and then dive into compelling issues. Hope to see you on September 10th in room 44, across from the elevator. For more info contact Barb Pedersen at [bped54@yahoo.com](mailto:bped54@yahoo.com) or 515-231-6134.

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*To view all of our current groups and Sunday School classes visit our website [cwames.churchcenter.com/groups](http://cwames.churchcenter.com/groups)*

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## **Forum Class**

Meets in the Norman Room on Scheduled Sundays

Sept. 17th: Katherine Parker,

Our Missionary Abroad 9:00-9:45 a.m.

Sept. 24th: CUMC Church Council: Brenda Allen, et. al.

9:00-9:45 a.m.

Oct. 8th: Ames School Board Candidates' Forum

9:00-9:55 a.m. (note extended time)

Oct. 15th: Ames City Council Candidates' Forum

9:00-9:55 a.m. (note extended time)



# Adult Sunday School

## **M&M Class**

This class covers faith based topics using the AMPLIFY video library. A variety of scholars and interpretations are great starting points for healthy group discussions on many topics. No preparation needed. The class meets at 8:45 in the Bob Farr Conference Room by the West door. This group is led by Lynn Kaizer.

## **Spiritual Formation Class**

Spiritual Formation will resume meeting at 9:00 am on September 10, but is moving to a new room: the Library. On September 10, we will be welcoming folks and hearing about their summer. We will also be deciding on days in the fall/early winter we might not want to have class and days we might want to join the Forum Class.

Led by Eryn Shriver.



September 17 & 24: As we settle into our digs in the library, we will honor the wonderful work done by the Library Team over the years by exploring the collection. Participants will be invited to select a book, DVD or CD to review and choose a date to share it with the class. Mike or Eryn will be the Zoom technician each week and will provide assistance, if needed, to prepare the topic for discussion.

Meeting at 9 AM Sundays in the Library or via zoom, masks welcome, but not required. If you aren't comfortable meeting in person and you haven't signed up for the zoom group, you can sign up here:

<https://cwames.churchcenter.com/groups/digital-adult-sunday-school-classes/spiritual-formation>

# Small Groups

## Faith Journeys Zoom Group(s)

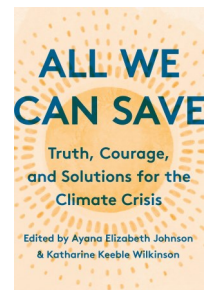
Faith Journeys is a Bible study that is adaptable to the needs and interests of individuals or groups. This year we plan to include some lessons about navigating change found in Revelation.

An introduction is sent out via email prior to each meeting. Once a month we meet on Zoom to study the Bible and discuss for about 90 minutes.

We invite anyone who wants to grow in faith and apply it to everyday life to join us. For more information or to sign up please contact Mary Jean Baker at [bakerallan14@gmail.com](mailto:bakerallan14@gmail.com).

## Roundtable

Come join a lively discussion of the book “All We Can Save: Truth, courage and solutions for the climate crisis” led by Pastor Mary for the Roundtable group. We meet on the second Thursday of each month at noon via Zoom. All are welcome. For more information and to get the Zoom link, email Bev at [kruempel@msn.com](mailto:kruempel@msn.com).



## Garden Committee

If you would like to help with fall projects such as planting spring bulbs and cleaning up the Courtyard, contact Jon Banwart ([jon@cookies-etc.com](mailto:jon@cookies-etc.com)). It is an opportunity for you to serve and to help things grow.



# Small Groups

## **Guy's Night Out**

Join together with other guys for an evening of conversation. This group meets the first Monday of the month. We meet at the church by the West door before heading out to a different location to chat. Sign-up for the group by contacting Steven Schroder [s.r.schroder@gmail.com](mailto:s.r.schroder@gmail.com)

## **Men's Coffee**

All men are invited to join for a time of coffee and gathering in the Gathering Space on Wednesdays from 9:00-12:00. Come when you can!



## **Northcrest**

Northcrest Bible Study – alternating Wednesdays at 1:15-2 p.m. Join us in the Green Room at Northcrest Retirement Community for on-going Bible Study and discussion. We use DVD and video of people like Adam Hamilton and Amy Jill Levine to guide us in a topic. Currently, we are finishing The Difficult Words of Jesus. It's a lot of fun! Contact Pastor Mary or Laura Shanks to join us!

## **Green Hills Group**

Green Hills Fellowship and Study – the second Tuesday of each month at 6:30 in the Pine Room at Green Hills Retirement community. Join us for fun, conversation and learning as we gather in the Pine Room around table and share our thoughts and feelings regarding faith, our lives and current events. Contact Pastor Mary or Linda Peters to join us. Second Tuesday evening of the month 6:30-7:30 Pine room at Green Hills. Contact Linda Peters [lpeters8714@msn.com](mailto:lpeters8714@msn.com) for more information.

# Small Groups

## **Be A Disciple – Fast Track 1 Disciple Bible Study:**

This is a 24 -week study that covers the entire Bible through targeted readings, central themes as we go through, short video lectures from Biblical Scholars and Theologians all on an app, and one hour long Zoom meeting each Sunday from 5:30-6:30. On your app you will be able to take notes, list prayer concerns and chat with others in the group. Join us!! Pastor Mary and Rev. Nikki Roth Bishop from First UMC Ames are leading this collaborative group study! You will deepen your knowledge and your faith and be able to enjoy a support network.



## **Women's Koinonia Fellowship Group**

Wednesday evening from 7-8:15 p.m. This is a gathering of women to discuss different devotional readings and to share about our lives. We follow a Lectio Divina practice which means we read a bit of the scripture or devotional reading, pause, and share amongst ourselves how that touches us or draws up in ourselves. Contact Pastor Mary if you would like to join us! Currently, we meet in the Gathering Space but after the Fireside Reno is finished, we will meet in there.

## **Books and Conversations**

A gathering for book lovers and conversation seekers. Join us for a new book each 4-6 weeks followed by a gathering to discuss the book. We'll meet as works best for the group. Generally on a Sunday late afternoon/early evening.

Upcoming Book: The Heaven and Earth Grocery Store by James McBride. Conversation on October 29th at 4:00 pm. Sign-up for the group on our groups page or email [lauren@cwames.org](mailto:lauren@cwames.org)

# Small Groups

## Values Learned from Growing Up on a Farm

When we did a breakout group one Sunday morning, three of us discovered we all grew up on a farm. Since that quick breakout, I have been interested in talking about growing up on a farm for some time. Finally, we will transition this idea into a small group. The group title is "Values Learned from Growing Up on a Farm". Weekly, we will discuss 15 values Successful Farming identified plus talk about the spiritual impact of being close to nature, to our neighbors, to family and to our rural churches. This group will start after Labor Day. If you are interested in participating, please email me at [darrajohnson@gmail.com](mailto:darrajohnson@gmail.com). We will determine what night works best for the group and what location, either the church or my house in north Ames. I am looking forward to hearing about the group's early years.



# Volunteer

## Weekly Meal

Starting on September 13th we will be hosting a free will donation Weekly meal in Wesley Hall at 5:30 pm. The meal will rotate through planned a menu. You are welcome to bring a dessert to share if you'd like. There will be a vegetarian option as well as a gluten free option. We hope you'll come join in this time of community with one another! To make this meal possible we are in need of volunteers to help serve the meal and clean up after. We are looking for groups to donate 2 hours of their time on Wednesdays to make his possible. Please sign-up <https://tinyurl.com/37hw2et7> to help or email Lauren Loonsfoot [lauren@cwames.org](mailto:lauren@cwames.org)

# Music

## Music Opportunities

Chancel Choir

Wednesday evenings 6:30-7:30

Chancel Bells

Wednesday evenings 7:30-8:30,

Middle School Bells

Wednesday evenings 5:00-5:30

High School Bells

Sundays following worship 11:15-11:45

Caroliers Bells

Monday afternoons, avocational

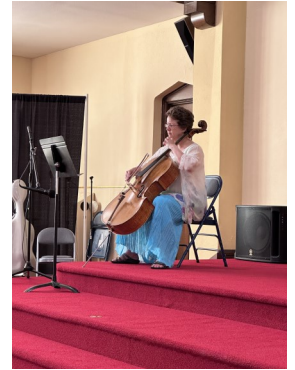
Children's Choir (Sunday mornings 8:45-9:00, singing every 2nd Sunday)

Contemporary Music Leaders

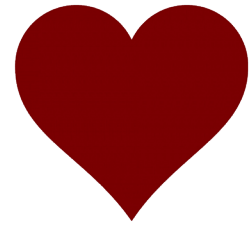
(Sunday mornings 8:00-9:00, playing most Sundays)

Contact Patrick [patrick@cwames.org](mailto:patrick@cwames.org)

for more information!



# Care



## Care Cluster Opportunities

Hope Blankets - meets once a month to create hope blankets for individuals including graduates, new babies, illnesses, and personal losses.

Meal train backup coordinator - Help coordinate meals for those in need. Includes sending out emails to meal train volunteers via the Meal Train application. Coordinating with recipients the dates and details of the request.

Stephen Ministry - If you wish to become a trained Stephen Minister a new class will be forming in November. Stephen Ministers meet weekly with care receivers to help them through difficult times.

Communion deliveries (in person or drop off) - deliver and/or serve communion to those who cannot attend in person services.

Care Ministry - Call or visit members of the congregation that are in the hospital, isolated at home, or going through difficult times.

Transportation ministry - there is a need to start a transportation ministry. If you have a desire to help develop a transportation ministry to help bring folks in need to church services.

If you are interested in learning more about these ministries, please contact Lori Schippers 515-460-0774 or [llschippers1@gmail.com](mailto:llschippers1@gmail.com)

# Sending to Serve

## Clothing That Works

CTW is a free clothing closet for adults in need in our community. We always need all kinds of clothing. Usable adult men and women's clothing are always welcome along with blankets and towels. Tell your friends, tell your family. Donate your clean adult clothing to CTW. CTW is open Wednesday, 2-5pm and the first Saturday, 9am-noon.



## Food at First

We have the opportunity to prepare and serve the daily meal for Food at First on the fourth and fifth Friday of every month. There are two shift opportunities 3:30-5:50 AND/OR 5:30-7:30 pm. Early shift volunteers work together on prepping and preparing the meal for the service. Second shift volunteers help serve the meal and clean up the facility following the meal. This is a great opportunity to build community, have fun, and serve others. To learn more, email Lauren Loonsfoot at [lauren@cwames.org](mailto:lauren@cwames.org) Sign-up to volunteer on our website.



## Little Free Food Pantry

### Donations Needed Always

The pantry is always in need of donations from cereal, to pop top soups and fruits. Take your donation straight to the Little Food Pantry or place them in the bin inside the church by the west door. Grab an extra of some of those shelf stable items when you go grocery shopping next. An extra jar of peanut butter can really help someone who can't afford it. To volunteer to stock the Pantry, please contact Marti directly ([melston8@gmail.com](mailto:melston8@gmail.com)).



# Sending to Serve

## Helping our Neighbors

(Reports to Sending to Serve)

This is a group that meets together and leads involvement in various ministries primarily focusing on immigrants and refugees. We meet every 4-6 weeks to share updates and plans for future involvement in our community with all our neighbors.



## Activities/Groups include:

ASIP (Ames Sanctuary Interfaith Partners)

AIRA (Ames Immigrant Refugee Alliance)

County Coordination Committee/Community ID Card Group

Story County Immigrant and Refugee Collaboration

Alternative Gift Market

Ames AMOS

If you would like to learn more about any of these opportunities or becoming involved, please

contact Donna Vandelaar at [advand2715@gmail.com](mailto:advand2715@gmail.com).

## Sending to Serve Cluster

The purpose of the Collegiate Wesley sending to serve cluster is to provide the congregation with a connection to our ministry partners and the local community. You can give to missions at any time on our website under the give tab [cwames.org](http://cwames.org). We also help oversee and sponsor service opportunities and service trips offered by Collegiate Wesley. If you'd like to get more involved with missions at Collegiate Wesley please email Tillie Good at [tillie.good@gmail.com](mailto:tillie.good@gmail.com).

# Reaching and Receiving



## What is Reaching and Receiving?

Reaching and receiving, is a cluster under ministries council. They work on projects like Pride Fest and getting our name out to the community! They sponsor church events like the Advent Workshop and so much more!

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*Reaching out into the community and welcoming those who attend Collegiate Wesley*

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## New Members:

New members needed to join the Reaching and Receiving cluster. Meet every other month (sometimes less than that) so a low time commitment. Can help with ideas of welcoming and engaging new members to our church. Contact Pastor Lewis for more information [lewis@cwames.org](mailto:lewis@cwames.org)

# Wesley

## Support Wesley

Ways you can support the Wesley Campus Ministry at Collegiate:

- Sponsor a small group student book \$20/student
- Say hello and help them feel welcomed.
- Write cards or letters of love for us to distribute during the semester
- Pray for students: for their health, studies, friends, relationships, those that may be missing home, those searching for a place to connect. For them to know they are loved.
- Contact Lewis Cox Campus minister [lewis@cwames.org](mailto:lewis@cwames.org) to learn more.



# Hospitality Needs

## Ushers/Greeters

Help greet people as they arrive for service.

Duties also include passing out programs, helping with communion, and picking up the sanctuary after the service.

Each team helps out once a month.

Contact Steven Schroder at [s.r.schroder@gmail.com](mailto:s.r.schroder@gmail.com) to help out or for a full list of duties.

## Who we are

**The purpose of Collegiate/Wesley is to build an inclusive community that invites all people to experience God's unconditional love, grow in faith, and serve others.**

Our inclusive community welcomes and affirms all persons without regard to gender, ethnic background, sexual orientation, national origin, age, physical or mental ability, marital status, economic condition or anything else which threatens to divide God's family. In our quest to follow the example of Christ, we will employ no circles of exclusion; we commit ourselves to loving acts of invitation, hospitality, and reconciliation by providing ministry to, for, and with all persons without exception.

## Contact Us

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Ames, IA 50014

Phone: 515-292-6936

Email: [mail@cwames.org](mailto:mail@cwames.org)

Web: [cwames.org](http://cwames.org)

Facebook [@cwames](https://www.facebook.com/cwames)

Instagram: [collegiateumc](https://www.instagram.com/collegiateumc)

