

The

November, 2022 Vol. 41 Issue 11

Communicator

Connecting People



Collegiate United Methodist Church
and Wesley Foundation
Ames, Iowa

Contact Us

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For more information, please visit our website: cwames.org

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Weekly Email Announcement Deadlines:

Send Weekly Email submissions to mail@cwames.org by NOON on Wednesday. Type *weekly email* in the subject line.

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Cover Pictures: taken on a rainy day in late October.

About *The Communicator* and deadline submission dates —

The *Communicator* is a monthly publication of Collegiate United Methodist Church and Wesley Foundation. The goal of *The Communicator* is to inform and involve people in the life and work of the church. To submit articles, please email them to mail@cwames.org and put “*Communicator*” in the subject line. If you have any questions, feel free to contact the church office at 515-292-6936.

December Communicator Deadline: November 20, 2022

Advent Communicator Deadline: November 7th. Please email any items to Lauren@cwames.org

TO REMEMBER, TO GIVE, TO BE GRATEFUL

As we move into November, we do so with a litany of Remembrance on **November 6th** in our worship hour at 10 am. On this All Saints Sunday we will name the friends and family who have died during this last year (from Nov. to Nov) and have a moment to remember all the dear ones in our lives that have passed on to glory.

In remembering our loved ones, it is a good time to think about our generosity and our gratitude. Certainly, the people who have shaped us and loved us and taught us and mentored us hold before us the image of the path of discipleship. I know when I think about people I have loved who have died, I often think about the ways they taught me about generosity by being generous in word and deed to me and to others. I think about the ways they taught me about gratitude by demonstrating a thankful life.



So, as we begin November with All Saints Sunday we will also hear about the path of Discipleship on Nov. 6th and gather together to take Communion. On November 13th we will celebrate Generosity Sunday. My sermon will be on the scripture 2 Corinthians 9: 10-15 and will be entitled Surpassing Grace – which comes from our passage. We will imagine together how God’s grace to us has appeared in extraordinary and amazing ways. On November 20th, we will honor Gratitude Sunday and the centering scripture will be 1 Thessalonians 5: 16-18. There has been a lot of study done on how gratitude is medicinal in physical, psychological and spiritual ways. We will think together about all that we have to be grateful for.

We are having a terrific fall together! Our worship at 10 a.m. has been delightful, various, moving and fun. **We will begin Live Streaming our services on October 30th at 10 am.** If you are home Sunday morning, or another day of the week, and want to be in worship with us, join us for the Live Stream or the posted Live Stream on our Facebook page, Website or You Tube.

On November 27th, as we begin Advent, Lewis Cox will officially begin his work with us, focusing on the campus ministry as Lauren transitions first to maternity leave and then to entirely Christian Education. Please be with us as we move into the Holy season of Advent.

Finally, on Sunday, January 22, 2023, following the 10 am worship hour, we will have a **BABY SHOWER** for our dear Lauren and her husband Bryan. Please plan to join us for games and refreshments and celebration of new life!! The baby registry is: <https://www.amazon.com/baby-reg/lauren-loonsfoot-february-2023/WVI6SNQ4W420>. You may go ahead and gift Lauren and Bryan through the registry before the shower.

So many dear souls to Remember! So much invites our Generosity! So much to be Grateful for!

I look forward to seeing you in worship on Sunday mornings at 10 am.

Light and grace,
Pastor Mary

Children, Youth & Family Information

by Lauren Loonsfoot, Director of Children, Youth & Families



Something to celebrate! On October 9th our 4th/5th grade bible class started! This group is learning all about their new bibles. We would love for you to pray for them as they learn and explore. Picture from when they received their bibles and a picture from class.

Children/Youth Christmas Program

This year we will be holding some additional practices for the children/youth that would like to have a more active role in the program.

We will practice from 11:00–11:45 in the Sanctuary on November 13, 20, and December 4, 11. Lunch will be provided.

Please let Lauren Loonsfoot lauren@cwames.org know if you have someone who would like to participate. All children will learn the songs and general actions to the program during Sunday School.

The program will be during worship on December 18th

Children Sunday School

On Sunday mornings we have opportunities for children preschool-5th grade. We will be meeting upstairs in our Sunday school wing. You can register for Sunday School [here](#). During the month of November our rotation Sunday School focus is on David and Goliath. We will transition to Advent on November 20th.

Children's Choir: On Sunday mornings the children practice singing at the start of Sunday School from 8:45-8:55 in room 202. They will next sing in church on November 13th. This has been so much fun for the kids!



Youth Sunday School

Sunday School for Middle school and High school students is available during the Sunday school hour starting in the youth room on the top floor of the building.

November mission focus: During the month of November our children and youth Sunday School classes will be collecting items for the little free food pantry. Please place items in the container by the preschool room. Help us fill the container with non-perishables!

Youth Group

Middle School youth will gather from 6:30-7:30pm in the youth room. High School will gather from 7:30-8:30pm in the youth room. October 30th bon fire night! Wear warm clothes and bring a camping chair.

Youth Bells

Middle School Bells (Sunday evenings 5:30-6:30)
High School Bells (Sunday evenings 6:30-7:30)





The Wesley Center Campus Ministry

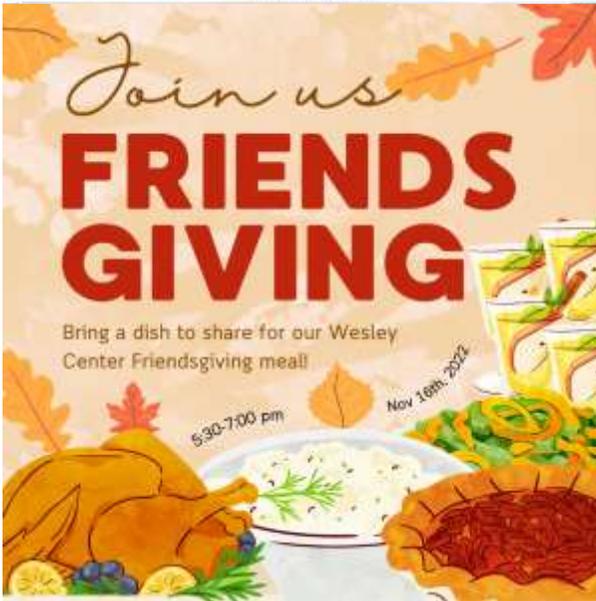
For Students:

- Weekly meals on Wednesdays at 6:00 pm! Join us for a free meal in Wesley Hall.
- **Small groups are under way but it's never to late to join one.** Check them out on our website isuwesley.com
- Friendsgiving November 16th. Bring a dish to share. Student Lounge 5:30-7:00 pm.
- Save the date Christmas Party December 7th!

For Non Students:

Ways you can support the Wesley Center

- Pray for college students, for their classes, their mental and physical health, their relationships and for the knowledge to know that they are loved and worthy!
- Sponsor a weekly meal. You can sponsor not only a meal for our students who come to dinner once a week but also our SHOP meals which are 20 meals that we take to the campus food pantry every week.



Sunday School Pictures



Family Gathering- Pumpkin Painting





Food at First



Pass Along Party 2022

The party will be on Sat. Dec. 10th from 1pm - 3pm at Collegiate United Methodist Church 2622 Lincoln Way, Ames

**Donations will be accepted at
Collegiate United Methodist Church
2622 Lincoln Way at the
EAST door - look for signs.**

Donation Drop-off times:

Sat. November 19th 10:00am-Noon

Mon. November 28th 4:00pm-6:30pm

Tues. December 6th 4:00pm-6:30pm

Suggested donations: Gifts for teens, gently used or new toys for all ages, games, books, art supplies and other items. Household items, hats, gloves, personal care products.

Sorry, NO clothes, NO furniture or other large items.

Cash donations are also gladly accepted:
www.FoodAtFirst.com/donate - then click on the yellow donate button.

Welcome Burt Family!

L Advent Communicator



On Sunday October 9th we celebrated the baptism of Wyatt Burt and the transfer of membership of Jill Burt!

Welcome Lewis Cox!

We are pleased to announce Lewis Cox will be joining the staff of Collegiate United Methodist Church/Wesley Foundation at the end of this year. In December and January, Lewis will be working part-time with Lauren Loonsfoot to transition her campus minister responsibilities to him. Lewis will become full time as of March 1 to assume the Campus Minister role. Lauren will move into her full-time role as Director of Christian Education when she returns from her maternity leave.

Lewis, a graduate of Simpson College with a Master of Arts in Religion and Psychology, is currently attending Iliff School of Theology, Denver, CO. While in high school and in college, Lewis was active in ministry, serving as the President of Religious Life Community at Simpson. For the past three years, Lewis has led the Faith Chapel campus of Ankeny First United Methodist Church.



Collegiate was founded as campus ministry for Iowa State students and staff. Campus ministry is a mission of the Collegiate/Wesley. We believe hiring Lewis is confirmation of our commitment to the continuation of campus ministry. Lewis will have additional responsibilities as Associate Pastor.

We are excited to have Lewis as part of the Collegiate/Wesley team. Lewis is equally excited to be part of this church. **Lewis' first day with us** will be Sunday, November 27th.

Adult Discipleship



Adult Sunday School Classes

Something for everyone!

Join an Adult Sunday School or Small Group!!

This year, like every year, Collegiate/Wesley is offering a robust adult program. There are still adult Sunday school classes, but this year, because of the flexibility that online groups provide, not all groups will be meeting on Sunday morning. There are also various midweek opportunities, as well. Make sure to check out the website for all of the details for your favorite old or new classes.

All class information can be found at <https://cwames.churchcenter.com/groups>

Spiritual Formation Class

Spiritual Formation will have the following schedule for November. Classes led by Mike King

November 6: "For all the Saints: remember what it was that you loved most about those you have lost..."

November 13: "...your generosity will result in thanksgiving to God." 2 Corinthians 9:10-15

November 20: "Rejoice always, pray without ceasing, give thanks in all circumstances..." 1 Thessalonians 5:16-18

November 27: Class will not meet, but you are invited to begin reading the Advent devotional "From Generation to Generation" which Spiritual Formation Class will be following during Advent. If you want a copy of the study guide, email mikeking@dwx.com or call/text 515-708-1419.

Meeting at 9 AM Sundays in the Pine Room or via zoom, masks welcome, but not required. Masks encouraged if you've been travelling. If you aren't comfortable meeting in person and you haven't signed up for the zoom group, you can sign up here:

<https://cwames.churchcenter.com/groups/digital-adult-sunday-school-classes/spiritual-formation>

Bells & Brass Concert Returns

The annual Bells and Brass concert is returning this year. Come join us on Thursday, December 8th at 7:30 pm for a concert of sacred and secular Christmas music with the Chancel Handbell Choir and Collegiate Brass.

Advent Workshop

The **Advent Workshop** (to be held Sunday, December 4) has a tradition of letting each participating family make a fresh evergreen wreath. The committee is looking for evergreen trimmings to make the wreaths. If you are planning on trimming any evergreen shrubs or trees or know of anyone who is planning on doing so, please contact Mary Buck (515-460-4571) or Paul Brackelsberg. Thank you!

Worship

NOVEMBER WORSHIP

November 6: ALL SAINTS SUNDAY. Join us as we light candles to remember our loved ones. We will remember those who have passed away in this last year and candles will be provided to you to lift in memory of your loved ones. We will celebrate COMMUNION together. Darra Johnson will bring us a message on Discipleship.

November 13: GENEROSITY SUNDAY. Plan to be with us as we think together about how we can share our resources for vibrant ministry!! We will watch short videos from church members about how the faith community has touched their lives. The Chair of Finance, Max Morris, will speak as well as the incoming chair, Jeff Elver. Together we will bring our pledge cards forward. The Scripture is: 2 Cor 9: 10-15. **The Message is "Surpassing Grace."**

November 20: GRATITUDE SUNDAY. Faith invites us into gratitude! On this Sunday we will hear from Director of Generosity David Orth on the results of our generosity campaign and together give thanks that God has entrusted this ministry to us! The Scripture is 1 Thessalonians 5: 16-18 and the Message is: Grateful. As we enter the week our country celebrates Thanksgiving, be with us to offer your gratitude to God as well.

November 27: ADVENT BEGINS. Gather with us as we enter into the season of Advent with the Lighting of the Advent Candles, songs that usher in the mystery of God-With-Us, and the message: **"23 and Me and You!"** Our Advent theme this year is Generation to Generation and we explore how we are all connected to the story - through the ages - and to the presence of God in each generation. Our scripture is Matthew 1: 16-17; Isaiah 2: 1-5.

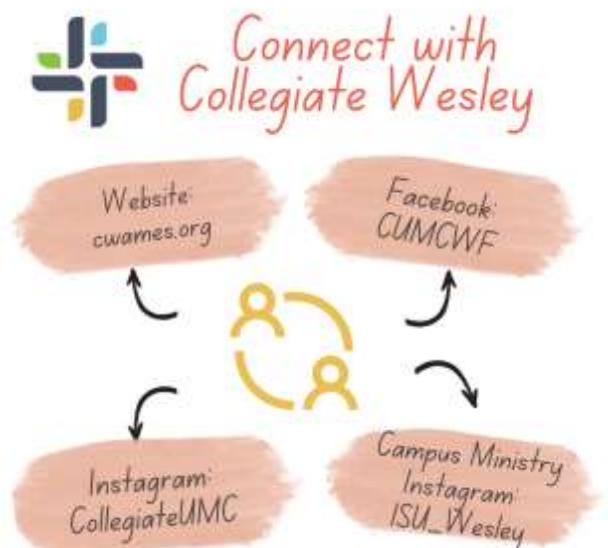


Livestream starting October 30th

For Livestream worship you can "tune in" on our [Facebook page](#) at 10:00 am to watch live.

You can also view the service on our [Youtube channel](#) or [Digital Worship Page](#).

Whichever way you worship, we would love for you to fill out the [check-in form](#) on our website so we can do our best to stay connected. You can also share your prayer requests and give at the same link.



November is Generosity Month!

This year we are celebrating Generosity throughout the month of November. On Tuesday, November 1, Generosity cards will be mailed. Please prayerfully consider your 2023 financial gift to Collegiate/Wesley, fill out your Generosity card, and bring it to church on November 13.

Some special services you will want to note on your calendar:

SUNDAY, NOVEMBER 13: GENEROSITY SUNDAY

- **Pastor Mary will be preaching on “Surpassing Grace,” using 2 Corinthians 9: 10-15** as the scripture.
- **Max Morris (2022 Finance Committee Chair) will sum up Collegiate/Wesley’s 2022 financial situation.**
- Jeff Elver (2023 Finance Committee Chair) will help us explore the 2023 financial situation.
- Michael King, as well as Ted and Maren Wolff, will talk about what donating to Collegiate/Wesley means to them.
- You will have the opportunity to bring your Generosity Card forward to place on the altar.

SUNDAY, NOVEMBER 20: GRATITUDE SUNDAY

- **Pastor Mary will be preaching on “Gratitude,” using 1 Thessalonians 5: 16-18** as the scripture.
- David Orth (Director of Generosity) will celebrate the gifts you share with us - and the positive differences Collegiate/Wesley is making with them.

Thanks to your financial gifts this year, Collegiate/Wesley continues to live into our Purpose: to build an inclusive community that invites all people to experience God's unconditional love, grow in faith, and serve others. **Some highlights accomplished by those gifts:** digital worship, in-person worship indoors and outdoors, Wesley Center activities (retreats, Wesley weekly meal, small and large groups, Lunch on the Landing, SHOP Food Pantry), ASIP backpack project, Vacation Bible School, Sunday School classes for children and adults, parking lot entrance improvements, Kate Mitchell Elementary Library Lenten gift, learning and fellowship groups, Food at First, middle and high school youth groups, vocal and bell choirs, four summer service trip opportunities, physical preparation for livestreaming, confirmation class, Anonymous groups, Adventures Preschool, at-home communion, October Family Gathering, 4th-5th grade bible class, library updates, landscaping changes and improvements, Wesley Hall renovation, repaired and upgraded sinks, Katherine Parker, United Way food drive, baptisms, Hope Blankets, Nichols Scholarships, Wesley Place house improvements, college student care bags, leadership training event, Clothing That Works, Little Food Pantry, Byrne Endowment Fund, Women at the Well, Endowment Board grants, COVID-19 Emergency Fund for immigrants, and meals provided by the Meal Train.

WOW!! That is quite the list! Our church could not continue this life-changing work without your donations. Thanks for your ongoing financial support!

This month has been very busy outdoors as we prepare for fall and the cold season that follows it (I don't want to say the “W” word so soon) Two big projects that were tackled in the last month were replacement of 92 feet of sidewalk and new work done with our landscaping.

On a recent city evaluation, it was noted that the sidewalks that were on our west and north sides had become deficient and needed replacement. Concrete work is not the cheapest or easiest project to do, but it was decided that we could save thousands of dollars if we handed it in-house. With help from Mike and Patty King, along with assistance from our amazing custodian Amy, we were able to remove and replace all the concrete in 3 (very long) days! I would have to say, the hard part was not the pouring, but keeping people off of the concrete as it cured. Even with sidewalk closed signs and barricades from the city, we still managed to have people walk in and ride their bikes in the wet concrete right in front of us as we were still pouring from the concrete truck! Overall, the project was a great success. Thank you to all who helped.

The other big change that has made lots of progress is in our landscaping. The Garden Committee has recently had two work days where they pulled weeds, spread mulch, planted bulbs, and even moved boulders! Last weekend, 200 daffodil and 200 tulip bulbs were planted to add to the many other new plants the garden committee has added. 2023 is sure to be a colorful year here at CUMC/WF! The garden committee is always accepting new help, no experience required. If you are interested in helping with the Garden Committee or with projects around the building, please email me at Doug@cwames.org to get involved.



Our Prayers

Prayers of Thanksgiving:

- worshipping today with Beth Gillham, a visitor from Austin, TX, who was a member at CUMC when in grad school with Betty Barton and Mary Jean Baker (ie, a long time ago!). ~ Betty Barton
- I am grateful to have my grandson, his wife, and 2 little sons at church with me today (10/2). They live in Michigan. ~ LaRue Clark
- for the great group of volunteers on Friday, Sept. 30: Sally Wilson, Dee Dreeszen, Dean Phillips, Bev Kruempel, Tom and Betty Barton, Mary Ann and Paul Lundy, Bud Everett, Xavier Johnson, Abbie Waterman, Ethan Morrow, Jensen Wilke, & VaLinda and Mike Parsons.
- For the 4th & 5th graders in bible class who are working very hard! ~ Sharon Busch

Prayers of Concern:

- For Greg Lage, an Ankeny HS teacher who was badly injured in a bicycle accident. ~ Tim Garner
- For LeAnn Meehan, as she continues cancer treatment.
- For Sue Scott, in hospice care.
- For Jackie Manatt, in hospice care.
- For Henrietta Klarenbeek, in recovery from surgery.
- For the family of Christian Oswalt, the 16-yr old who was killed this past Monday. Christian was a former student of mine and a close friend of Myah & Maysen. ~ Kari Smith
- For my friend Sandy who is in the Care Center. ~ LaRue Clark
- For Eldon Weber, continuing his recovery from knee replacement surgery.
- For good health for Aunt Barbara who turns 94 this week. ~ Sally Wilson



Shower for Lauren, Bryan, and Baby Loonsfoot!

**Sunday, January 22, 2023
11:30 am (following worship)
in Wesley Hall**

**Join us for games, refreshments,
and the celebration of new life!**

Gift Registry:

<https://www.amazon.com/baby-reg/lauren-loonsfoot-february-2023/WV16SNQ4W420>



Volunteer Opportunities and Donations Needed

Clothing That Works

Clothing That Works is a mission of Collegiate United Methodist Church and Wesley Foundation. CTW is in need of winter coats and blankets and is currently having a coat/blanket drive. Please clean out your closets and donate. Ask your friends, family and neighbors to help.

Bring your donations to CTW on Wednesdays 2-5 pm or the first Saturday of each month 9-noon OR bring them to the west door of the church and put them in the CTW donation box.



Food at First Volunteer Opportunity

Food at First has moved back to serving a hot meal inside the dining room at First Christian Church. We have the opportunity to prepare and serve the daily meal for Food at First on the fourth and fifth Friday of every month. There are two shift opportunities 3:00-5:30 AND/OR 5:30-7:30 pm. Early shift volunteers (we need 6 volunteers for this shift) work together on prepping the meal for the evening. Second shift volunteers (we need 10 volunteers for this shift) help serve the meal along with cleaning up following the meal. Our next opportunities to serve are **November 25, December 23 and December 30**. This is a great opportunity to build community, have fun, and serve others. To learn more, email Lauren Loonsfoot at lauren@cwames.org or sign up at [Food at First Volunteer](#).

Little Food Pantry

“Giving is not just about making a donation. It is about making a difference.” – Kathy Calvin



On Sunday, November 6, there will be collection boxes by the sanctuary doors for your donations. Please consider helping. The need is great.

Food and supplies needed: Soap, toothpaste, toothbrushes, deodorant, shampoo. Pop top fruits & vegetables, soups, SpaghettiOs, canned chicken & tuna. Crackers, cereal, or any other non-perishable foods. Throughout the week, take your donations straight to the Little Food Pantry or place them in the collection bin inside the church near the west door. Thank you.

Volunteers are needed to help restock the Pantry. Contact Marti at melston8@gmail.com.

Left: Thanks to Alan Vandehaar, the Little Food Pantry has been readied for another year of service with repairs and a fresh coat of paint! Alan & Donna help keep the Pantry running smoothly all year long.

Ames Sanctuary Interfaith Partners

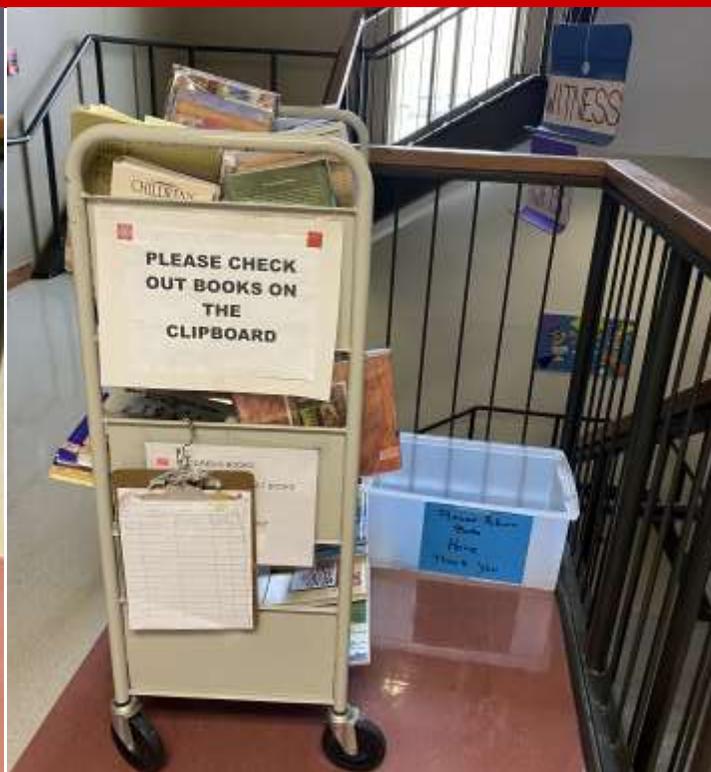
CUMC/WF is a member of the Ames Sanctuary Interfaith Partners (ASIP) which has two important programs which currently need more funding.

1. ASIP helps financial needy DACA (Deferred Action for Childhood Arrivals) applicants who must renew their status with the government every two years for \$495. In the last two months alone, we have supported 13 Iowa applicants. Many of them send thank you letters expressing their sincere gratitude for the support and how it affects their families. Supporting these special youth helps provide for their continued safety with legal work permits.
2. We also support a woman who has fled Honduras because of threats on her and her family. She has two children and is waiting for her work permit and asylum approval which is taking close to 3 years! We spend \$600 each month to provide her housing and living expenses. She wants to work so she can provide for her family.



As you are moved by your faith, please consider assisting these two needs by sending a tax-deductible check made out to ASIP, Box 65, Ames, IA 50010. You may specify in the memo line which of the programs you wish to support or leave it blank to be used where the need is greatest. Thanks!

Collegiate Wesley Library Cart– Check it out on Sundays!
Thank you to our amazing Library team for curating the cart.

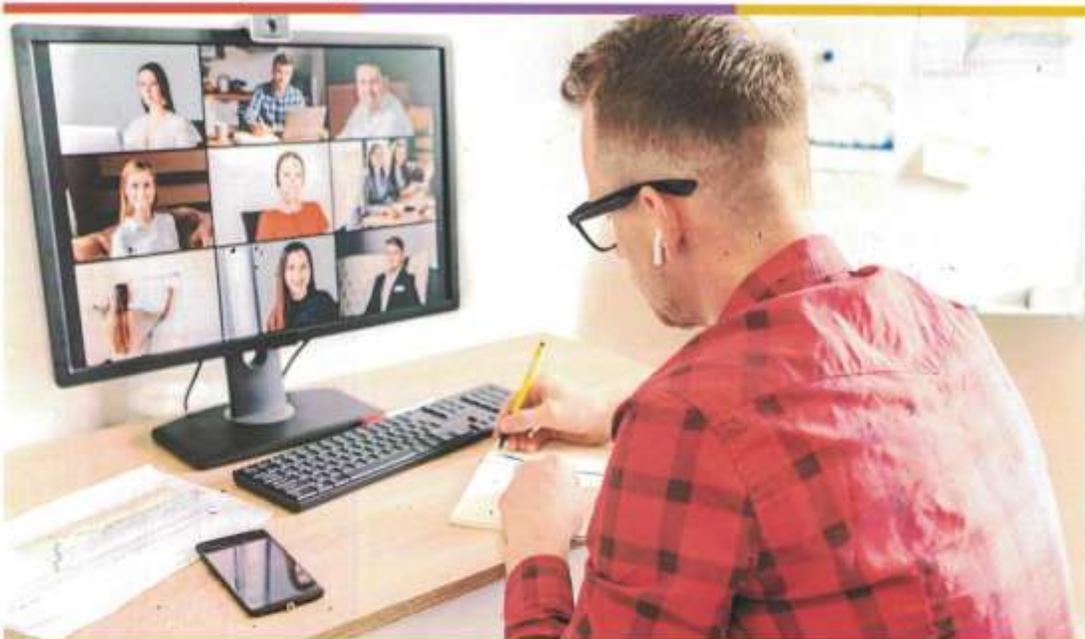


From AMOS (A Mid-Iowa Organizing Strategy)

Story County Supervisors have agreed to contribute \$100,000 from American Rescue Plan Act funds toward Project Iowa for training Story County residents in career training programs and employment placement services. Ames AMOS is assisting in the recruiting process to train 30 Story County residents for living wage jobs. If you or someone you know are unemployed or underemployed please consider this opportunity. Please see the attached flyer and visit www.projectiowa.org to apply.



(515) 280-1274
office@projectiowa.org
www.projectiowa.org



FOUR WEEKS TO A CAREER!

Connect to your purpose and receive guidance to find meaningful and stable employment.



"Since I started Project IOWA I'm out of that funk, I believe in myself again. I know what I want to do with my life now. I've always worked in the hospitality industry in customer service roles and now I can pursue management."

-Rebecca, participant



- Resume Building
- Digital Skills
- 1:1 Coaching
- Wrap Around Support
- Gain More Confidence
- Online Sessions



APPLY ONLINE!

For program dates, times, and further information please visit our website.





You are Welcome Here!

Collegiate United Methodist Church and Wesley Foundation welcomes and affirms all persons without regard to gender, ethnic background, sexual orientation, national origin, age, physical or mental ability, marital status, economic condition, or anything else which **threatens to divide God's family.**

The purpose of C/W is to build an inclusive community that invites all people to **experience God's unconditional love, grow in faith, and serve others.**



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