

The

October, 2022 Vol. 41 Issue 10

# *Communicator*

Connecting People



Collegiate United Methodist Church  
and Wesley Foundation  
Ames, Iowa

## Contact Us

Phone: 515-292-6936

Email: [mail@cwames.org](mailto:mail@cwames.org)

For more information, please visit our website: [cwames.org](http://cwames.org)

Facebook: [facebook.com/cwames](https://facebook.com/cwames)

## Weekly Email Announcement Deadlines:

Send Weekly Email submissions to [mail@cwames.org](mailto:mail@cwames.org) by NOON on Wednesday. Type *weekly email* in the subject line.

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Cover Pictures: taken in late September

## About *The Communicator* and deadline submission dates –

The *Communicator* is a monthly publication of Collegiate United Methodist Church and Wesley Foundation. The goal of *The Communicator* is to inform and involve people in the life and work of the church. To submit articles, please email them to [mail@cwames.org](mailto:mail@cwames.org) and put “*Communicator*” in the subject line. If you have any questions, feel free to contact the church office at 515-292-6936.

November Communicator Deadline: October 20, 2022

*O hushed October morning mild,  
Thy leaves have ripened to the fall;  
Tomorrow's wind, if it be wild,  
Should waste them all.  
The crows above the forest call;  
Tomorrow they may form and go.  
O hushed October morning mild,  
**Begin the hours of this day slow...**  
Release one leaf at break of day;  
At noon release another leaf;  
One from our trees, one far away.  
Retard the sun with gentle mist;  
**Enchant the land with amethyst...***

Robert Frost



Every October I read the poem of the same name by Robert Frost. It is one of my favorite poems. I love this poem as it corresponds with the way the seasons are shifting here in the Midwest, and how our eye for beauty is reawakened with the cooling of the days, the leaves changing color and the birds flying in formations overhead.

Here at Collegiate/Wesley, we are welcoming the changing of the seasons too! When you come into the sanctuary this month, **look up into the balcony! There you will see the new production booth for our Live-Streaming equipment!** As the weeks pass, you will see the plywood panels change to have a front façade that matches the other woodwork in the sanctuary. We can thank Doug Warren, our Building Superintendent, for that! **Live-Streaming will begin in October, as soon as we get our initial team trained and all our processes in order!**

**On October 30<sup>th</sup> be with us in worship as we celebrate the life contributions of Janet Stephenson. Our very special guest preacher for the day is Rev. Ted Lyddon-Hatten, one of the most remarkable theologians and artists among us.** October 30<sup>th</sup> will conclude our sermon series: Anything but Ordinary, and we will lift up the extraordinary Janet Stephenson, listen to the powerful Rev. Ted Lyddon-Hatten and come to the text of Moses at the Burning Bush.

**Another terrific Sunday is October 9<sup>th</sup>. We will welcome Lewis Cox to the pulpit!** Lewis is a seminary student at Illif School of Theology in Denver and will be Commissioned as a probationary Elder next July. We invite you to come and hear Lewis as we begin a journey of fellowship with him!

**On October 2<sup>nd</sup> we will take the Sacrament of Communion together and together we will visit the shores of the Jabbok where Jacob wrestled with God until dawn.** This is one of the anchor stories of the Bible and I hope you will be with us to explore it with me. **On October 16 we will think about reconciliation as Joseph reunites with his ornery brothers, and on October 23<sup>rd</sup> we will enter the hidden life of midwifery in the birth of Moses.**

The changing of the seasons is upon us, the brisk feel of fall, the way the earth is turning beneath our feet. Join us here at Collegiate/Wesley as we change and grow and turn along with this exquisite October, this land, which, as **Robert Frost says, is enchanted by amethyst. And by God's love.**

Light and grace,  
Pastor Mary

# Children, Youth & Family Information

by Lauren Loonsfoot, Director of Children, Youth & Families



## Children Sunday School

On Sunday mornings we have opportunities for children preschool-5th grade. We will be meeting upstairs in our Sunday school wing. You can register for Sunday School [here](#).

## 4th and 5th Grade Bibles

Please join us in celebrating our upcoming 4th and 5th grade bible class participants on Sunday, October 2nd during worship. Starting on October 9th we will hold our bible class where students will learn all about how to use their bibles, the cool maps in the back, how to look up chapters and verses and more.

## Youth Sunday School

Sunday School for Middle school and High school students is available during the Sunday school hour starting in the youth room on the top floor of the building.

## Youth Group

Middle School youth will gather from 6:30-7:30pm in the youth room. will gather from 7:30-8:30pm in the youth room. Save the date, Smores and bon fire night October 30th during youth group. No youth group on October 23rd.

## Youth Bells

Middle School Bells (Sunday evenings 5:30-6:30, ringing every quarter)

High School Bells (Sunday evenings 6:30-7:30, ringing every quarter)



## OCTOBER FAMILY GATHERING!

Location: Wesley Hall  
Pumpkin painting, fall crafts, and snacks.  
Bring pumpkins to paint with you  
we'll supply the rest!

**Saturday, October 22nd from 9:30-10:30 am**



## The Wesley Center

### For Students:

- Weekly meals on Wednesdays at 6:00 pm! Join us for a free meal in Wesley Hall.
- **Small groups are under way but it's never to late to join one.** Check them out on our website [isuwesley.com](http://isuwesley.com)

### For Non Students:

### Ways you can support the Wesley Center

- Pray for college students, for their classes, their mental and physical health, their relationships and for the knowledge to know that they are loved and worthy!
- Sponsor a weekly meal. You can sponsor not only a meal for our students who come to dinner once a week but also our SHOP meals which are 20 meals that we take to the campus food pantry every week.
- Sponsor a Student for our Fall retreat for \$75/student. Our Fall retreat quickly becomes the favorite event of the year because of the opportunity it offers to take a break.



## WESLEY FALL RETREAT

October 14 - October 15

Feeling a bit stressed or in need of a nature break? Come on our fall retreat to get away from campus enjoy time hiking, time around teh campfire, smores, sleeping in and some great food!



[isuwesley.com](http://isuwesley.com)



# Adult Discipleship



## Adult Sunday School Classes

Something for everyone!

### Join an Adult Sunday School or Small Group!!

This year, like every year, Collegiate/Wesley is offering a robust adult program. There are still adult Sunday school classes, but this year, because of the flexibility that online groups provide, not all groups will be meeting on Sunday morning. There are also various midweek opportunities, as well. Make sure to check out the website for all of the details for your favorite old or new classes.

All class information can be found at <https://cwames.churchcenter.com/groups>

### Forum Class

Meets in the Norman Room on Sundays at 8:45am and is organized by Tim Garner.

**October 2: Story County Candidates' Forum**

### Spiritual Formation Class

Meeting at 9 AM Sundays in the Pine Room or via zoom, masks welcome, but not required. Masks encouraged if you've been travelling. If you aren't comfortable meeting in person and you haven't signed up for the zoom group, you can sign up here:

<https://cwames.churchcenter.com/groups/digital-adult-sunday-school-classes/spiritual-formation>

Spiritual Formation Class will continue following the sermon series "Anything but Ordinary."

If you want a copy of the study guide, email [mikeking@dwx.com](mailto:mikeking@dwx.com) or call/text 515-708-1419.

October 2: Jacob Wrestles at Peniel, Genesis 32: 22-31 led by Mike King

October 9: Joseph's Brothers Sell Him into Slavery, Genesis 37: 1-4, 12-28 led by Mary Bellon

October 16: Joseph Reveals Himself to His Brothers, Genesis 45: 1-15 led by Mike King

October 23: Moses' Birth, Exodus 1:8-2:10 led by Mike King

October 30: Moses & the Burning Bush, Exodus 3: 1-15 led by Ted Lyddon-Hatten

### Coming in October - New digital Bible study groups

**Faith Journeys in Food and Sustainable Agriculture** and **Faith Journeys – Seeking Energy Solutions**

If you would like to grow in faith at your own pace and share experiences with others who have similar concerns, one of these groups may be for you.

We currently plan that you will:

- Receive a copy of the Faith Journeys Bible Study Guide
- Receive a short lesson via email once a month
- Share comments and progress/problems via email.
- Receive an invitation to meet together once a month via Zoom.

For details contact Mary Jean Baker at [bakerallan14@gmail.com](mailto:bakerallan14@gmail.com). (Note: "allan" has 2 A's and 2 L's.)

# Worship

## WORSHIP SERIES FOR OCTOBER—Anything But Ordinary

On October 2: the Sacrament of Communion. Scripture text: Genesis 32: 22-31: we visit the shores of the Jabbok where Jacob wrestled with God until dawn. This is one of the anchor stories of the Bible and I hope you will be with us to explore it with me.

October 9<sup>th</sup>. We welcome Lewis Cox to the pulpit! Lewis is a seminary student at Illif School of Theology in Denver and will be Commissioned as a probationary Elder next July. We invite you to come and hear Lewis as we begin a journey of fellowship with him! Scripture text: Genesis 37: 1-4; 12-28: we watch how **Joseph's brothers throw him into the cistern from their jealousy!**

October 16: Theme: Reconciliation. Scripture: Genesis 45: 1-15. Joseph reunites with his ornery brothers.

October 23: **Theme: Helping God realize God's dream. Scripture: Exodus 1: 8- 2: 10.** We enter the hidden life of midwifery in the birth of Moses.

On October 30<sup>th</sup> be with us in worship as we celebrate the life contributions of Janet Stephenson. Our very special guest preacher for the day is Rev. Ted Lyddon-Hatten, one of the most remarkable theologians and artists among us. October 30<sup>th</sup> will conclude our sermon series: Anything but Ordinary, and we will lift up the extraordinary Janet Stephenson, listen to the powerful Rev. Ted Lyddon-Hatten and come to the text of Moses at the Burning Bush. Scripture: Exodus 3: 1-15

## Livestreaming Our Worship Services

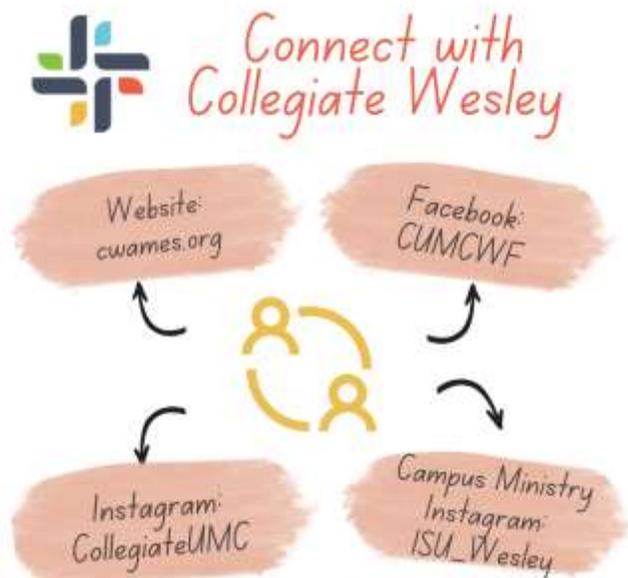
We have installed the new livestreaming equipment! We're currently training volunteers to operate the equipment, and we're working out potential kinks in our plan before we go live. Watch for an updates in the weekly email, the Sunday bulletins, and our social media for an announcement on when our livestreamed services will actually go "live."

## Helpful links:

For digital worship you can "tune in" on our [Facebook page](#) at 8:00 am to watch live.

You can also view a recording of our digital worship anytime on our [Youtube channel](#) or [Digital Worship Page](#).

Whichever way you worship, we would love for you to fill out the [check-in form](#) on our website so we can do our best to stay connected. You can also share your prayer requests and give at the same link.

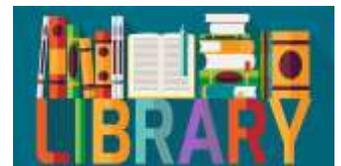


Cleanliness is next to Godliness... I think that is how that saying goes. So it makes sense that we have good sinks! This month has been about plumbing repairs for sure! We had the elevator sump pump fail, a broken sewer pipe in the main office hallway, and a water supply issue in Pastor Mary's office sink. While most of you will never see Pastor Mary's sink, she can vouch that it is quite the improvement! Gone is the leaky, stained, wall-mounted sink. Now Pastor Mary has a nice vanity with a faucet that works and supply lines free of build up. The leaning vanity in the men's restroom on the main hallway was also replaced when the sewer pipe was repaired. It is now a nice wall-mounted sink with a motion activated faucet, which makes it more accessible to those with mobility issues. The sink in the adjacent women's restroom will also undergo this treatment. Now that we have repaired and upgraded these sinks, cleanliness will be easier to obtain!



## Library News

As we return to our church activities this fall, we hope you will remember to use our library (located off of the fellowship hall, west hallway.) Books may be checked out, anytime, by signing the clipboard located on the southwest counter near computer.



In an effort to update the library, we

- have taken an inventory and removed books which were worn or outdated.
- no longer will accept books with a copyright date prior to 2010.
- kept timeless classics.
- removed outdated technology, CD, VCR tapes, etc. unless part of church history.
- have an Excel listing of items placed in the church archives, which is available in the church office.

Remember a portable cart is found in the gathering space each Sunday holding timely books for children to enjoy during the church service. These books may be returned to the cart following the service or checked out by signing the clipboard.

## Byrne Endowment Fund



Applications are now being accepted for the Fall 2022 granting year. The Byrne Endowment Fund was established by a member of the church, Dennis Byrne, who had a heart for missions and was involved with many different mission trips during his lifetime. This fall we are only able to accept applications that have an emphasis on international work. You can find the application form [here](#).

If you have any questions please contact Lauren Loonsfoot [lauren@cwames.org](mailto:lauren@cwames.org)

## From AMOS (A Mid-Iowa Organizing Strategy)

### SAVE THE DATES!

### Seminars on How Community Land Trusts (CLTs) Create Permanent Affordable Housing Wednesday, November 16 & Thursday, November 17

This is something exciting for AMOS church members/institutions. On these days, AMOS and the city of **Des Moines will bring Grounded Solutions, the experts in Community Land Trusts (CLT's), to Des Moines** for a series of meetings to inform attendees of the benefits of CLTs.

**CLT'S are a way to create affordable housing that stays affordable forever and looks like other properties in the neighborhood so it's welcomed by the neighbors!**

How is this possible? With the purchase of a CLT home, the buyer purchases only the structure on the property and a trust holds the land. If the owner later wishes to sell, the owner agrees to accept only a portion of the increase in value in order to preserve affordability for the next buyer. The owner may also choose to pass the property along to his or her heirs.

While this is a new idea for the Des Moines Metro, it is in use in 225 other communities in the U.S. and is now an integral part of how other communities are dealing with skyrocketing real estate prices. CLTs have a proven track record of

- offering affordability in perpetuity
- providing for successive lower-income buyers with every property
- preserving the diversity and quality of life in our city
- slowing gentrification
- saving tax dollars for the city and county

**Whether you are hearing about CLT's for the first time and want to learn more or are a seasoned advocate for affordable housing, plan to attend one or more of these informative trainings on November 16 and 17.** There will be more details soon, but you'll want to get this on your calendar. Feel free to email me should you have questions!

Cheryl Long, AMOS member, First Unitarian Church  
[clongassoc@gmail.com](mailto:clongassoc@gmail.com)

AMOS Affordable Housing Research Team

*(AMOS is a broad-based, nonpartisan, interfaith community of 50 diverse member organizations (<https://www.amosiowa.org/>).*

## Our Prayers

### Prayers of Thanksgiving:

- for volunteers at Food at First on Friday 8/26: Bev Kruempel, Dee Dreeszen, Mary Ann and Paul Lundy, Sally Wilson, Dean Phillips, Marjy Howe, Robert Allie, Natalia Rios, Donna and Alan Vandehaar, Alex Barron and Noah Jean.
- for the presence of my son Warren at church with me this morning. ~ LaRue Clark
- for the new and the familiar faces we see in worship.
- celebrating our wedding anniversary on September 19. ~ Megan & Steven Schroder
- for the volunteers at Food at First on Friday, Sept. 23: Dee Dreeszen, Sally Wilson, Dean Phillips, Janelle Keltgen, Lauren Loonsfoot, Tom and Betty Barton, Alex Barron, Noah Jean, Bud Everett, Marjy Howe, Robert Allie, & Ashley, Andy, Izzy and Camren Smelser.



### Prayers of Concern:

- for Mary Buck and family on the recent death of Mary's brother-in-law, Roger Ramthun.
- for a good friend, Joel Johnson, as he goes through radiation treatment. ~ Megan Fairall
- for the victims and families of the 9/11 attacks.
- for my husband's 90-yr old mother, who was diagnosed with breast cancer. ~ Lori Kappmeyer
- for my dad who is recovering from a stroke and my mom in the caretaker role. ~ Deb DeWall
- for everyone who is facing hardship in Ukraine. ~ anonymous
- for Eldon Weber who will have a hip replacement on Sept. 28<sup>th</sup>.
- for family struggling with addiction and mental illness. ~ Paul Witmer

## Thank You Notes

Dear Collegiate United Methodist Members,  
Thank you so much for the amazing generosity you shared with our school through the Lenten Offering that benefitted our school library. We were blown away by your kindness! I have a wish list of books ready to order for our students. They will be so excited! Thank you again!

*Kirsti Minion, Kate Mitchell School Librarian*

Thank you, Pastor Paul Witmer, for joining us for worship on Sunday, September 25th. Thank you to all who made donations to Women at the Well. We collected \$443 in physical donations! We appreciate your support!

# Volunteer Opportunities and Donations Needed

## Clothing That Works

*I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me. Matt. 25:36*

Clothing That Works is a mission of Collegiate United Methodist Church and Wesley Foundation. Our use numbers have increased this summer, serving anywhere from 35-50 Ames area people weekly (on a recent Wednesday, we had 62!).

CTW is in need of winter coats and blankets and is currently having a coat/blanket drive. Please clean out your closets and donate. Ask your friends, family and neighbors to help.

Bring your donations to CTW on Wednesdays 2-5 pm or the first Saturday of each month 9-noon. OR bring them to the west door of the church and put them in the CTW donation box.



## Food at First Volunteer Opportunity

Food at First has moved back to serving a hot meal inside the dining room at First Christian Church. We have the opportunity to prepare and serve the daily meal for Food at First on the fourth and fifth Friday of every month. There are two shift opportunities 3:00-5:30 AND/OR 5:30-7:30 pm. Early shift volunteers (we need 6 volunteers for this shift) work together on prepping the meal for the evening. Second shift volunteers (we need 10 volunteers for this shift) help serve the meal along with cleaning up following the meal. **Our next opportunities to serve are September 30th and October 28th.** This is a great opportunity to build community, have fun, and serve others. To learn more, email Lauren Loonsfoot at [lauren@cwames.org](mailto:lauren@cwames.org) or sign up at [Food at First Volunteer](#).

## The Little Food Pantry

*"It is not how much we give, but how much love we put into giving." - Mother Teresa*

Food and supplies are always needed: Toothpaste, toothbrushes, deodorant, shampoo. Pop top fruits, soups, and SpaghettiOs, crackers, cereal or any other non-perishable foods. Take your donation straight to the Little Food Pantry or place them in the bin inside the church by the west door. Thank you. Volunteers are needed to help restock the Pantry. Contact Marti at [melston8@gmail.com](mailto:melston8@gmail.com) or go to <https://www.signupgenius.com/go/70a0d4dafa92da4fd0-little>



Take a step to end hunger with the 2022 Story County CROP Walk! We're celebrating 50 years of CROP Walks in Ames this year. See you at Brookside Park on October 9th. Check-in at 1 pm and Walk begins at 1:30 pm.

If you would like to donate to the Crop Walk mission please do so by going to this [link](#) or writing a check to the church with crop walk in the memo.



You are Welcome Here!

Collegiate United Methodist Church and Wesley Foundation welcomes and affirms all persons without regard to gender, ethnic background, sexual orientation, national origin, age, physical or mental ability, marital status, economic condition, or anything else which **threatens to divide God's family.**

The purpose of C/W is to build an inclusive community that invites all people to **experience God's unconditional love, grow in faith, and serve others.**



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