

The

June, 2022 Vol. 41 Issue 6

Communicator

Connecting People



Collegiate United Methodist Church
and Wesley Foundation
Ames, Iowa

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For more information, please visit our website: cwames.org

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Weekly Email Announcement Deadlines:

Send Weekly Email submissions to mail@cwames.org by NOON on Wednesday. Type *weekly email* in the subject line.

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Cover Pictures: taken on a beautiful mid-May afternoon.

About *The Communicator* and deadline submission dates –

The *Communicator* is a monthly publication of Collegiate United Methodist Church and Wesley Foundation. The goal of *The Communicator* is to inform and involve people in the life and work of the church. **To submit articles, please email them to mail@cwames.org and put “Communicator” in the subject line.** If you have any questions, feel free to contact the church office at 515-292-6936.

July Communicator Deadline: June 20, 2022

Message from Pastor Mary

by Rev. Dr. Mary Lautzenhiser Bellon

The Gospel According to Winnie the Pooh and A Walk in the Woods

Summer is upon us and we are spending time on Sunday mornings with Winnie the Pooh and all the animals from the 100 Acre Wood! Our sermon series will consist of a story for all ages featuring the animals from the 100 Acre Wood, an exercise for all of us to do together, a short reflection on how these fit into our Gospel and lots of fun music! Join us as well as Pooh, Piglet, Kanga and Roo, Eeyore, Tigger and Rabbit for a fun and relaxed time at 9 a.m. Sunday mornings on the South Lawn. **Bring a folding chair or a blanket (we have extra chairs for those who don't have one),** and enjoy our fellowship, our refreshments and our creation together this summer!



As we move into the second half of the year, I rejoice that we are growing in faith and connection as we **emerge from the pandemic. I have read many articles about the “soft” effect of the pandemic or what** might be called the hidden effects of being restricted in our movements, of covering our faces, of feeling isolated and the burdens of child care, working and, for some, either going to school or supervising their **children’s education. I am not sure that we simply bounce back from such an extended time of** watchfulness and concern. Some of us lost loved ones during the pandemic and some either got ill themselves or knew people who became ill. We still have the virus around and still have to be careful.

So, it is heartening to me to see our church fellowship grow itself back, gathering to worship, to serve and to learn with each other on Sunday morning and throughout the week. It might be time to reach out to **those whom you haven’t seen for a while and invite them to return** – perhaps our summer worship on the lawn is just the thing! Let us live as Resurrection people!

Summer is also a good time to share a conversation or visit: I would invite you to let me know if you might enjoy sitting with me on the lawn at the church and talking about how your life is going. I will particularly be available for such visiting on Wednesday or Thursday mornings. If it is too hot, we can always move inside.

I am also offering an evening for those who might be interested in learning more about dreams and dream interpretation. This will be Sunday July 17 from 6 – 8 p.m. in the Fireside Room. Look for a way to sign up in the weekly Thursday email or email me at Mary@cwames.org If we enjoy our time together, we can do more dream work later!

I wish you a wonderful month of God’s grace, peace, mercy, joy and forgiveness. May you extend these toward others you know and meet as you yourself receive these precious gifts.

Grace and peace,
Pastor Mary

Children, Youth & Family Information

by Lauren Loonsfoot, Director of Children, Youth & Families

Vacation Bible School
PreK-5th Grade

COMPASSION CAMP
BE LOVED • BE KIND • BE YOU

COLLEGIATE
UNITED METHODIST CHURCH
AND WESLEY FOUNDATION

June 5th-7th
5:30-7:30 pm

Register for VBS: [here](#). Register to Volunteer: [here](#).

We are excited to host vacation bible school this year Sunday, June 5th - Tuesday June, 7th from 5:30-7:30 pm. We welcome preschoolers through 5th graders for a time of music, crafts, games, science, FUN and more. About the theme: Compassion Camp: Be Kind. Be Loved. Be You. is a VBS curriculum where kids will explore what it means to have compassion for others, ourselves, and the world. We are in need of volunteers to help with dinner each night. If you are able to help on Sunday June 5th- Tuesday June 7th from 4:30-5:45 pm please email lauren@cwames.org

AFTER WORSHIP FUN

Chalk and Bubbles

Following worship on Sundays stick around for some outdoor fun. We'll have sidewalk chalk, bubbles and other fun activities to play with.

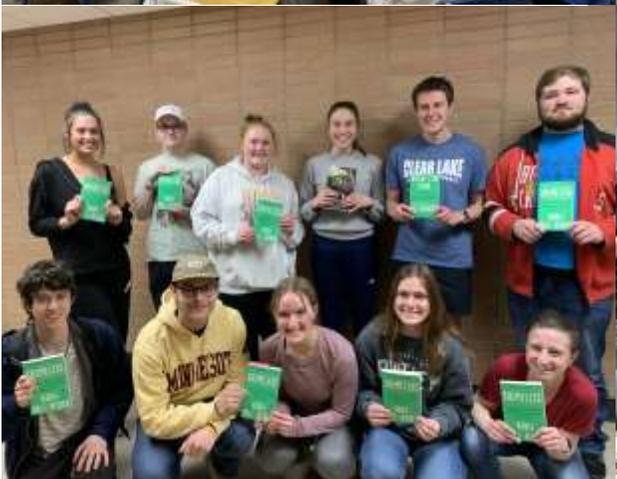
HIGH SCHOOL SERVICE TRIP STOCK SALES HELP SUPPORT THE HIGH SCHOOL TRIP TO DALLAS, TEXAS.

Stocks are \$10/share and can be purchased by a student at our pop-up table before and after worship. Thank you for your support!

Wesley News

by Lauren Loonsfoot, Campus Minister

While many students have headed home or to new locations for work or internships, we have a great group of students still in Ames. This summer we will be offering a summer small group and a weekly free meal for students. We will also continue to provide meals to SHOP for the student food pantry. We are looking for weekly sponsors. If you'd be interested in sponsoring a meal please email Lauren Loonsfoot at lauren@cwames.org.





Confirmation and Baptism

Sunday, May 1

Erik Hamilton Anderson, Sean Robert Brand, Tyler Vauthrin Brand, Aisha Ann-Hua DeWall, Annabelle Marie Drake, Sam Burnon Ellingson, Lillian Elizabeth Galvin, Ellian Faye Jones, Caden Allen Olsen, Maysen Lynn Smith, Myah Jane Smith



Youth



Summer Adult Sunday School on a Break for Summer

Adult Sunday school classes are on a break for summer. They will return in the fall. Thanks to our faithful leaders and participants in our outstanding adult Sunday school program!

Summer Book Clubs



Atlas of the Heart by Brene Brown

If we want to find the way back to ourselves and one another, we need language and the grounded confidence to both tell our stories and

to be stewards of the stories that we hear. In Atlas of the Heart, we explore eighty-seven of the emotions and experiences that define what it means to be human and walk through a new framework for cultivating meaningful connection. This is for the mapmakers and travelers in all of us.

All are invited to read this book and join together on Sunday August 14th @ 7pm in the fireside room for a discussion and a viewing of Brown's HBO special. Pick your book up at your favorite book store and enjoy a summer of learning and growing. No need to sign up. Just show up on August 14th.



BIPOC Author Summer Book Club

Join together to read "Homegoing" by Yaa Gyasi on June 26th at Dog-Eared Book Store. Books can be purchased through your favorite book vendor. No need to sign up. Just come on the 26th ready for conversation and community.

Thank You!

Thank you to our Hope Blanket crew for all of their work especially during this time of the year when we recognize confirmands and graduates. Here is a picture of the confirmation and college graduate blankets that they dropped off for packaging up!



Worship

Summer Worship Series

Beginning May 29th we will start our summer outdoor worship series, A Walk in the Wood with Winnie the Pooh. Join us for story and reflection on the Gospel According to Winnie the Pooh! Bring your lawn chairs or blankets and gather with us on the South Lawn at 9 a.m. We will hear a fun story, enjoy some simple exercises, and have a reflection on how this ties us to the Gospel! The music will be great! Refreshments following. If weather does not permit us to be outside, we will worship in the sanctuary. Digital worship will continue to be offered on Sunday mornings starting at 8:00 am.



Summer Hospitality and Welcoming Needs

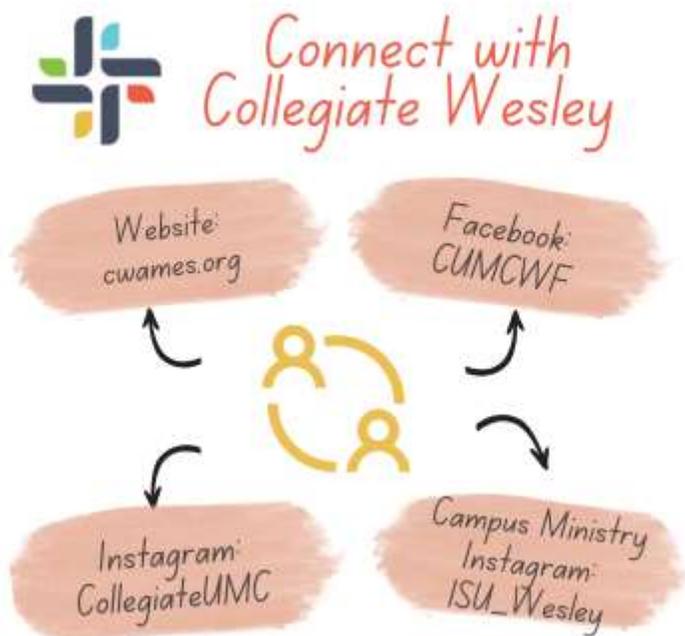
Outdoor worship will bring new opportunities to welcome people into our worship space on the south lawn. We are looking for people to help set up, hand out bulletins, and help with the refreshments. Yes! You read that right! Coffee and snacks are back!!! Yay! We need you to help make this happen! Sign up today! <https://www.signupgenius.com/go/60B044EA4A82AA7F58-outdoor>

Helpful links:

For digital worship you can "tune in" on our [Facebook page](#) at 8:00 am to watch live.

You can also view a recording of outdoor worship and our digital worship anytime on our [Youtube channel](#) or [Digital Worship Page](#).

Whichever way you worship, we would love for you to fill out the [check-in form](#) on our website so we can do our best to stay connected. You can also share your prayer requests and give at that link.



Sending to Serve

United Way Food Drive Wrap Up!

15,021 POUNDS and \$15,037.25 DOLLARS raised to fight hunger from all of the locations!!! What a turn out!

As a drop-off site, we collected 259 pounds of food and 67 non-food items! Our donations will go to the MICA food pantry.

Thank you to all who donated, shared posts, dropped off items, told others and supported this drive. We had fun getting our youth involved by going shopping for donations.



Rummage Rampage Volunteer Slots Open Now!

The City of Ames, in partnership with the ISU Office of Sustainability, is seeking non-profit organizations to assist with the sixth annual Rummage RAMPage. Rummage RAMPage is a community-wide garage sale designed to keep reusable items out of the waste stream. Items are donated for sale, and volunteers from local non-profit groups help run the sale and share in any profit. Rummage RAMPage has continued to grow each year, with the 2021 event diverting more than 90,000 pounds of furniture and housewares from the landfill and raising more than \$40,000 for local non-profit agencies. The 2022 Rummage RAMPage will be held from Friday, July 29, through Saturday, Aug. 6, at the Ames Intermodal Facility parking ramp, 129 Hayward Ave. The sale will be open to everyone. More information is available at www.CityOfAmes.org/RummageRampage.

RUMMAGE RAMPAGE

Volunteers can use this link for sign-up: <https://www.signupgenius.com/go/10COE49ABAF2AA7FAC34-rummage2>



Intergenerational Service and Learning Opportunity – July 2022

Planning has begun for an exciting opportunity for Collegiate Wesley (C/W) to make a significant positive impact in our community.

The Bridge Home (formerly Emergency Residence Project) is in the process of creating a new drop-in shelter for people experiencing homelessness. They **recently received a grant from C/W's Dennis Byrne Endowment Fund** to finance the materials to add a wheelchair ramp and a deck to the home. In addition, there are many other small projects to be completed before the

space is ready for occupancy, including putting together institutional quality beds, painting, cleaning, organizing, and landscaping.

Plans are in progress for the missional equivalent of a “Staycation” --- an intergenerational mission “trip” without the travel component --- to take place Friday-Saturday July 14-15. Members of the C/W community (over 16 years old) can work on the ramp and deck construction, supervised and trained as needed by a local contractor. Folks of all ages (families welcome!!!) can work on the other smaller projects. Others may choose to support the effort by providing lunch and eating with the work crew.

You can commit to as little as a half-day or as much as the entire two days. No experience is needed -- just a heart for service and the desire to make a meaningful contribution to the Ames community, while creating great memories and significant bonds with your church family. Please prayerfully consider signing up to be a part of this effort.

You can sign up through this link (<https://www.signupgenius.com/go/5080c4eaaab23a7fb6-bridge>), or by contacting me, Jane Kennedy. The deadline for signing up for the construction component is June 10, because an estimate of our workforce is needed as soon as possible. For the other projects, registration will remain open until July 10.

Please feel free to contact me with questions!

Jane Kennedy, 515-231-**1189** (Please leave a voicemail if you don't get an answer.); jbkenn@yahoo.com

Backpack Project

Collegiate United Methodist is a member of the Ames Sanctuary Interfaith Partners (ASIP). ASIP is coordinating with the Interfaith Welcome Coalition in San Antonio, Texas to provide backpacks to families who are leaving detention to go to their sponsors or families throughout the U.S. The backpacks contain basic supplies to provide comfort on their journeys. Along with items such as stuffed animals, blankets, toothbrushes and granola bars, a friendship greeting card in English and Spanish--written by the youth groups of Collegiate Methodist and Collegiate Presbyterian --will be added to each backpack.



Monetary donations: In person to Bev Kruempel or Marti Elston or mail to ASIP, PO Box 65, Ames, IA 50010. Checks payable to ASIP.

In-kind donations: Drop box at the west door (item list on box), May 6-June 3

Walmart Registry: Backpack Project for ASIP (under event registry), May 6-June 3.

Volunteers are also needed to assemble 100 child and adult backpacks at the Interfaith Gathering Assembly on June 18, at 10:00 am in Wesley Hall.

For more information on volunteering or needed items, please contact Marti Elston, melston8@gmail.com, 515-460-1694.

Byrne Fund Endowment

Dennis Byrne Endowment Spring 2022 Fund Recipients

Organization: United Mission to Nepal

Project: This project served people in need of Doti and Rukum East (hilly) districts in Nepal till 2021. From 2022 onward, it will start serving the people of Kapilvastu district that lies in the plain region. In the beginning, the project will serve the Persons with Disabilities (PwD) of two Rural Municipalities (RMs) namely Yasodhara and Mayadevi with the flexibility of its support to the people from other RMs of the district in urgent need. The project will address those issues through: a) Physical, medical, and socioeconomic assessments of PwD. b) Psychosocial counseling to PwD and families. c) Providing appropriate assistive devices and mobility training. d) Vocational skills and income generation grant supports. e) Monitoring and backstopping.

Organization: Ames Sanctuary Interfaith Partners (ASIP)

Project: ASIP is working with the Interfaith Welcome Coalition (IWC) in San Antonio, Texas to assist them with their Backpack Outreach, one of their many missions: When released from detention at the bus station or airport in San Antonio, asylum seeking and at-risk immigrant families have no money, food, water or supplies to provide comfort on their journey to reunite with loved ones or sponsors around the U.S. The backpacks provide families with basic supplies as they begin their travel. The goal is to have enough funding to pack and send 100 backpacks.

Organization: Ames Sanctuary Interfaith Partners (ASIP)

Project: The DACA (Deferred Action for Childhood Arrivals) Fund is a project of ASIP to provide the \$495 fee that the US government charges an applicant to register or renew their application for a temporary legal reprieve from deportation. Total of 34 awards given in 2021 to cover the fee and 14 have been given so far this year.

Organization: Cropwalk

Project: The Cropwalk will be held on Sunday, October 9, 2022. Thirty or more teams will solicit walkers and sponsors and collect money to help alleviate hunger. Seven local agencies will receive funds to help meet food insecurity needs in Story County. Funds will also be distributed by Church World Service nationally and globally.

Organization: The Bridge Home

Project: The Bridge Home requests funding to purchase supplies for and construction of an accessible deck and ramp at their newly created drop-in shelter location. They also request funds to procure six sets of institutional quality twin bunk beds and bedding, a total of twelve beds, to furnish the space. This drop-in shelter project has been devised as a means to alleviate multiple barriers. From July 2021 through March 2022, TBH served 419 Story County individuals in their shelter, which consists of only 11 beds for single men and 6 beds for families or single women. In addition, this structure is not accessible to mobility impaired persons. In order to meet the need, they must utilize anywhere from 5-9 motel rooms on any given night.

Organization: Clothing That Works (CTW)

Project: CTW takes clothing donations from our church members and the community. They have had needs that are not met by the donations. They would buy men's jeans, men's shoes, men's and women's: sock, sweat shirts, hoodies, winter coats, gloves and hats.

Organization: Sending to Serve Cluster at CUMC/WF

Project: To continue to provide wholesome, nonperishable food and personal items through the Little Food Pantry. In addition, funding is requested for upkeep of the current structure (i.e. annual painting, repair, replacement of plexiglass front, etc.)

Volunteers Needed

Parament Team Volunteers Needed

Do you like looking at fabric and designs? We are forming a team to evaluate our current paraments and work on a plan for replacing the worn ones. If you would like to participate, please contact Steph Scherbart, steph.scherbart@gmail.com.



Trustees

by Doug Warren, Facilities Superintendent

Welcome to another exciting update about what is going on at Collegiate/Wesley! You may have noticed some big changes outdoors. In May, several Elm trees that were noted as having Dutch Elm disease and it was recommended that they come down. In addition to the trees, we had the dead bushes and the volunteer trees taken out around our church campus. This is just one of the many landscaping changes and updates to come to our church campus. In early June, our Collegiate Garden Committee is planning their first work day! It is exciting to see so many of our church friends coming together to help beautify our property! **Don't worry if you didn't get signed up, there's still time to join! Email me at Doug@cwames.org if you want to get involved. All are welcome!**



Volunteer Opportunities and Donations Needed

Clothing That Works

Are you spring cleaning? CTW is a free clothing closet for adults in need in our community. We always need all kinds of clothing, but right now Clothing That Works is in need of men's clothing/shoes.

Tell your friends, tell your family. Donate your clean adult clothing to CTW.

CTW is open Wednesdays, 2-5pm and the first Saturday, 9am-noon.



Food at First Volunteer Opportunity

Food at First has moved back to serving a hot meal inside the dining room at First Christian Church. We have the opportunity to prepare and serve the daily meal for Food at First on the fourth and fifth Friday of every month. There are two shift opportunities 3:00-5:30 AND/OR 5:30-7:30 pm. Early shift volunteers (we need 6 volunteers for this shift) work together on prepping the meal for the evening. Second shift volunteers (we need 10 volunteers for this shift) help serve the meal along with cleaning up following the meal. Our next opportunity to serve is May 27th. This is a great opportunity to build community, have fun, and serve others. To learn more, email Lauren Loonsfoot at lauren@cwames.org or sign up at [Food at First Volunteer](#).

Look What We Can Do Together!

The Annex will now provide shelving space for storing Little Food Pantry donations! Thanks to everyone who made this happen and many thanks to those who have been so generous and consistent about donating to this important Collegiate mission. You are always welcome to put nonperishable items in the Pantry or put them in the container by the west door of the church.

The Pantry is being used more and more and is often empty after only a day or two. Here are the needs right now: Paper Products; Soap; Deodorant; Shampoo; Sugar; Flour; Pasta; Anything with a Pop Top; Canned Vegetables (not green beans); Macaroni & Cheese; Tuna Packs; Canned Chicken; Plastic Silverware. Thank you!



Central Iowa Community ID Card Drive



A valid form of photo ID is essential to accessing many of the benefits of community. Imagine not being able to prove to others that you are who you say you are. Could you cash a check? Get a library card? Sign up for utility service? Pick your child up from school? **The Central Iowa Community ID Card** will hold a socially distanced ID drive Wednesday, June 22 in Wesley Hall of the Collegiate United Methodist Church, 2622 Lincoln Way, Ames. (Enter at east side of building.) Attendees will need to wear a mask and maintain 5 feet of separation. Please leave other family members at home if possible, but there will be childcare for those children who are there.

To obtain the Community ID, all proofs of identity and residence used to get an Iowa driver's license can be presented, but in addition some alternative forms of identity documentation can be accepted, including international passports, original birth certificates, and matrículas. Proof of residence can be bills in your name and medical or school records, and they need to be from the last three months. Admission will be at 4:00 PM and again at 7:00. Plan to devote several hours between orientation, paperwork, and photos. The card costs \$8 (cash only) and has a life of two years. Please phone or text (515) 599-8149 or go to www.communityid.org for more information about forms of proof that you can use and what to expect.

Our Prayers

Prayers of Thanksgiving:

- for all the prayers, emails, cards and well wishes after my breast reconstruction surgery at the Mayo Clinic on April 5. I continue to heal and get stronger everyday. I am so blessed to have this wonderful caring church family. ~ Lori Schippers
- Colin Ogilvie graduated on May 13 with a Bachelor of Arts in Philosophy from Montana State and his father Craig was able to present his diploma to him on the stage.



Prayers of Concern:

- for Lucy Futrell, in the care center at Green Hills.
- for the family of Ted Solomon, who passed on May 18.
- for my sister-in-law Joyce Irwin, whose health is failing. ~ Carolyn Jarnagin
- for the family of my sister-in-law Ilene, who passed away last Sunday. Also, for my daughter Karen, who had surgery. ~ LaRue Clark
- for my grandma, who is in hospice care. ~ Kaci Mahannah
- for sisters Alison and Robin and their health needs. ~ Kaylin Contag
- for Darra Johnson, recovering from surgery.
- for Camren Smelser, son of Andrew and Ashley Smelser, recently diagnosed with diabetes.



You are Welcome Here!

Collegiate United Methodist Church and Wesley Foundation welcomes and affirms all persons without regard to gender, ethnic background, sexual orientation, national origin, age, physical or mental ability, marital status, economic condition, or anything else which **threatens to divide God's family.**

The purpose of C/W is to build an inclusive community that invites all people to **experience God's unconditional love, grow in faith, and serve others.**



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